



BOOK CLUB GUIDE

A SON'S
RECKONING

COMMUNITY HEALING
TOOLKIT

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*A restorative guide for
communal dialogue*

The **Community Healing Toolkit** for *A Son's Reckoning*, designed to support collective dialogue, restorative practices, and intergenerational repair across diverse settings:

A Son's Reckoning – Community Healing Toolkit

Opening Invocation

Begin with a grounding ritual: bell ringing, breathwork, or a shared reading from the memoir. Invite participants to name one ancestral or communal truth they carry into the space.

Core Themes for Collective Dialogue

- **Reckoning as Communal Practice:** How do we reckon together with history, harm, and hope?
 - **Lineage & Legacy:** What stories have shaped our communities, and what stories remain untold?
 - **Silence & Voice:** How do we honor silence while amplifying truth?
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Tools for Community Engagement

- **Circle Protocols:** Guidelines for restorative circles, including talking pieces, shared agreements, and emotional safety practices.
 - **Story Mapping:** Invite participants to co-create a visual map of community stories, ruptures, and repair.
 - **Healing Stations:** Set up interactive stations (e.g., letter-writing, altar-building, affirmation sharing) for embodied reflection.
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Rituals for Communal Repair

- **Candle Ceremony:** Light candles to honor grief, resilience, and intergenerational wisdom.
 - **Affirmation Wall:** Create a communal wall of affirmations, quotes, and declarations of healing.
 - **Ancestor Table:** Invite participants to place symbolic objects representing lineage, memory, or justice.
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Community Covenant

A shared agreement for engaging in healing:

- We honor complexity and contradiction.
- We speak truth with care.
- We listen to understand, not to fix.
- We commit to repair, even when it's imperfect.

Applications Across Settings

- **Schools:** Use the toolkit to support student-led healing circles, staff reflection, and curriculum integration.
- **Faith Spaces:** Adapt rituals and prompts for interfaith dialogue and spiritual reckoning.
- **Grassroots Groups:** Facilitate community forums, healing gatherings, and storytelling events.